

PHYSICAL EDUCATION



EXAM BOARD: AQA COURSE DURATION: 2 YEARS

A-level Physical Education aims to introduce students to the factors that influence the world of sport in terms of participation and improving performance.

The course requires students to be assessed in both theory and practice so a reasonable standard of performance is required. There is no requirement to have studied GCSE PE.

APPLIED ANATOMY AND PHYSIOLOGY

Have you ever fallen gluteus maximus over pectoralis major?

SKILL ACQUISITION

Ever been tricked by psychological refractory period?

SPORT AND SOCIETY

Will womens' prize money ever be greater than mens' in sport

EXERCISE PHYSIOLOGY

Find out what your fibre type says about what sport you should play.

BIOMECHANICAL MOVEMENT

How is it that Usain Bolt looks like he is getting faster when he is actually slowing down?

SPORT PSYCHOLOGY

Want to know how to get over those pre-race nerves and find out your ZOF?

ROLE OF TECHNOLOGY IN SPORT

Find out why they substitute your favourite player when he was playing so well.

ASSESSMENT

The Physical Education A-level is assessed by examination (70%) and by practical performance (30%). There are two two-hour written examinations at the end of Year 13.

Paper 1 - Two hour exam 35%

Paper 2 - Two hour exam 35%

Practical / Coursework 30%

CAREERS/HE INFORMATION

An A-level in Physical Education can be an excellent stepping stone to a future career within sport. Many of our students will go on to study a variety of courses such as sports and exercise science, sports management and physical education teaching at universities around the country. An A-level in PE is widely accepted as a qualification for students who wish to apply to study physiotherapy at university due to the depth of physiology covered in the course.